



PROSPECTUS 2010



INSTITUTE OF
CHRISTIAN
PSYCHOLOGY

■ BA DEGREE ■ B PSYCH DEGREE ■ COUNSELLING COURSES

The Institute of Christian Psychology is a site of delivery of Die Afrikaanse Protestantse Akademie (Association incorporated under Section 21), a registered private higher education institution (DoE Registration Certificate Nr 1999/HE08/001) for the BA and B Psych degrees.



PROSPECTUS FOR THE ACADEMIC YEAR 2010

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ICP PROSPECTUS 2010

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Overview of the Institute of Christian Psychology

Introduction

The Institute of Christian Psychology started as an initiative of Prof dr Nicolene Joubert to present a BA degree majoring in Christian Psychology. Christian Psychology is an approach to psychology that emphasises a holistic approach to the scientific study of human behaviour. A holistic approach includes the critical studying of human behaviour on an intra-psychological, interpersonal, socio-economical and spiritual level.

The Institute of Christian Psychology is a site of delivery of *Die Afrikaanse Protestantse Akademie*, a registered private higher education institution (DoE Registration Certificate Nr 1999/HE08/001). The Institute of Christian Psychology offers a Bachelor of Arts and a Bachelor of Psychology degree. The BA and Bachelor of Psychology degrees are awarded by *Die Afrikaanse Protestantse Akademie* and are accepted nationally as BA and B Psych degrees for further studies.

The Directors of Die Afrikaanse Protestantse Akademie are: Prof dr JAE Adendorff (Chief Executive and Rector) and Prof IA Brink (Chancellor). The senior management is Prof dr JAE Adendorff, Prof dr J Bosman, Prof dr R Marè, Prof dr SD Nel, Prof dr GDS Smit, and Prof dr FAH van Staden.

The Institute of Christian Psychology also offers a Basic and Advanced Christian Counselling Course and a Postgraduate Bridging Course in Christian Psychology, which are in the process accreditation.

Founder and Head

Prof dr Joubert is a registered Counselling Psychologist in private practice as well as a teacher, who obtained her Masters degree from Unisa and later went on to obtain her Ph.D. in Psychology from Northwest University. Prof dr Joubert is a well-known speaker on the effects of trauma and the development of Dissociative Identity Disorder. Prof dr Joubert is a lifelong honorary member of The Red Cross Society and the Women's Federation. She is also a member of organisations such as the Psychological Society of South Africa (PsySSA), The International Society for Traumatic Stress Studies (ISTSS), International Play Therapy Association (IPTA), International Society for the Study of Trauma and Dissociation (ISSTD) and the Association for Christian Counsellors (ACC). Prof dr Joubert is the founder and chairperson of the South African Society for the Study of Trauma and Dissociation (SASSTD), a component group of the ISSTD. Prof dr Joubert's publications include amongst others: Joubert, N.L., Venter, C.A. & Venter, C.J.H. (2004). The development and evaluation of a Biblically-based therapy programme for a congregation. *In die Skriflig*, 38(1) and Joubert, N.L. (2008). An African Perspective on Miracles. In J.H. Ellens (Ed.), *Miracles: God, Science, and Psychology in the Paranormal*.

Vision

The vision of the Institute of Christian Psychology is to equip people to help others to effectively deal with the demands of life by providing Christian higher education that focuses on a holistic approach encompassing spiritual, psychological, social and economic development of all people.

Mission

The Institute of Christian Psychology is committed to provide Christian teaching, training and research programmes of high quality. We are also committed to imparting socially useful and enriching knowledge, as well as cultivating relevant skills and competencies in our students to prepare them as Christian psychological counsellors or professionals to practice in the South African community and abroad.

Objectives

The objectives of the course in Christian Psychology are to:

1. Teach the facts, principles and technical vocabulary of psychology and to engage the students in critical thought processes;
2. Teach the technical vocabulary and principles of spiritual belief systems with specific reference to the Christian belief system and to study the role of belief systems in human functioning on an intra-psychological, interpersonal and cultural level;
3. Engage students in scientific inquiry about psychological processes including spirituality;
4. Increase students' awareness of important social processes;

5. Equip students through knowledge and experiential learning to understand and cope with their personal and professional lives;
6. To support every student in the process of self-actualisation, the search for meaning in life and developing social responsibility.

The central objective of the ICP is to benefit the larger community by providing the community with emotional, psychological and spiritual support networks in the form of counsellors and psychologists.

Courses Offered by the ICP

- BA Degree
- Postgraduate Bridging Course in Christian Psychology
- Bachelor of Psychology [B Psych]
- Basic Christian Counselling Course
- Advanced Counselling Course

ICP Lecturers

Senior lecturers – Full time

- Prof dr NL Joubert – Head of Institute of Christian Psychology [BA (Psychology & Biblical Studies), HED, BA Hons (Psychology), MA (Counselling Psychology), PhD (Psychology)]
- Dr H Scheepers – Deputy Head of Institute of Christian Psychology [BA, Hons (Psychology), MA (Psychology), D. Litt et Phil (Psychology)]
- Mrs R Snyman [BA, Hons (Psychology), MA (Counselling Psychology)]

Junior lecturers – Full time

- Mr G van Onselen [BA (Psychology), BSocSci Hons (Psychology)]

Lecturers – Part time

- Prof A Pistorius [BA, BA Hons, MA (Clinical Psychology), D. Litt et Phil (Psychology)]
- Dr C Henn [BSocSci, BSocSci Hons, MSocSci (Counselling Psychology), PhD (Psychology)]
- Dr B Coetzee [BA, BD, M DiV, PhD]
- Mrs T Scholtemeyer [BA (Ed.), B.Ed (Psychology), M.Ed (Pedagogy), M.Ed (Psychology)]
- Ms Z Sigwili [MA (Clinical Psychology)]
- Mr W Joubert [MBA]
- Ms Z Joubert [BA, BA Hons (Psychology)]

Advisory Board Members

- Prof Z Nel [BA, Hons (Psychology), S.E.D., MA (Counselling Psychology), D. Phil]
- Prof V Roos [BA, BA Hons, MA (Clinical Psychology), D. Phil]
- Dr S Kotze [Hons (Industrial Sociology) MA (Industrial Sociology), PhD (Industrial Sociology)]
- Dr H Meyer [BA, BA Hons, MA (Counselling Psychology), D.Phil]
- Mrs D Khomari [Bcur (LetA), BSc Hons, MSc (Clinical Psychology)]

*Give ear, O my people, to my law;
Incline your ears to the words of my mouth.
I will open my mouth in a parable;
I will utter dark sayings of old,
Which we have heard and known,
And our fathers have told us. Psalm 78:1-3*

General Information

Application Form

An application form may be requested from the ICP administration offices. Contact Mrs R Andersen at:

- Telephone number(s): +27 (0)11 021 8930, +27 (0)11 827 7611 / 0209, or +27 (0)82 048 4792 (cell),
- Email: studentadmin@icp.org.za.
- Fax Number: +27 (0)86 572 2695 (fax to email).

Completed application forms must be posted to: ICP, PO Box 15040, Lambton, South Africa, 1414.

Non-Degree Purpose Studies (NDP)

BA degree subjects: Students who are interested in taking a BA degree subject (e.g. Communication 1A) for non-degree purposes may do so if the student meets the prerequisites for admission to BA degree studies as well as the prerequisite(s) for that specific subject.

Academic Credit Applications

The Institute of Christian Psychology considers awarding credits for equivalent studies completed at accredited higher education institutions. In the following cases credits will not be granted: if the content of the completed qualification is dated and/or if the qualification represents non-equivalent studies. If you want to apply for academic credit you must obtain the relevant application form from the ICP administrative office and follow the credit application procedure.

BA degree / B Psych subjects: students who passed similar subjects at other accredited South African tertiary institutions may formally apply for credits. Every credit application must include the following: R 150-00 application fee, an application letter, certified copies of complete academic records, topic lists for relevant subjects, lists of prescribed textbooks, as well as assessment information.

Payment Procedure

- Enclosed with each application form must be a non-refundable application fee of R250 in order for the application to be processed.
- Upon notification of acceptance by the ICP a *non-refundable* registration fee of 50% of the total first semester fees is payable.
- Final first semester fees are payable no later than 15 April.
- 50% of the second semester fees must be paid no later than 30 June.
- Final second semester fees are payable no later than 31 August.
- International students must pay the full study year's fees in advance (upon registration).
- Additional costs incurred by the ICP as a result of students studying outside of the RSA will be for the students' account.
- Note: study fees cannot be carried over from one study year to the next.

Cancellation Procedure

- Students who wish to cancel any or all subjects must do so in writing.
- It is the students' responsibility to confirm with the ICP that their cancellation was received.
- Students who cancel all of their subjects will be charged a cancellation fee of R250 payable immediately.
- Students who cancel first semester subjects before 15 April of the study year will remain liable for 50% of the cancelled subjects.
- Students who cancel first semester subjects after 15 April of the study year will remain liable for 100% of the cancelled subjects.
- Students who cancel second semester subjects after 15 April and before 31 July of the study year will remain liable for 50% of the cancelled subjects.
- Students who cancel second semester subjects after 31 July of the study year will remain liable for 100% of the cancelled subjects.
- Financial obligations other than subject fees will not be affected by the cancellation of subjects.

International Student Requirements

- International students residing inside the RSA must be in possession of a valid study permit.
- International students residing inside the RSA must have proof of medical cover.
- All international students must have received at least a score of 6 on the IELTS English Language Proficiency test (contact your nearest British Council for more information).
- International students residing outside of the RSA must pay an annual levy (non-refundable) upon registration in addition to their study fees: R2 000-00 for students on the African Continent and R10 000-00 for students from other continents.
- Special conditions may apply where institutions abroad arrange for groups of students to apply for admission.

General Terms and Conditions

- Terms and conditions apply (documents are made available on request).
- Subjects and Syllabi are subject to change without prior notice.
- Courses will be presented if student numbers permit.
- Textbooks: Note that the study material including study letters, study manuals and DVDs are included in the course fees, **but prescribed textbooks have to be purchased by the student.**

Support Services

1. **Academic planning:** Academic planning is valuable in that it will not only increase the student's understanding of the journey he/she is about to embark on, but also help him/her to set realistic goals in terms of his/her studies. Academic planning is done on an individual basis – it is a joint effort between the ICP and each potential student. Some of the issues in academic planning include:

- Choosing an appropriate course
- Exposition of the courses
- Subject choices (*if applicable*)
- Impact on family life
- Time factor
- Commitment
- Career possibilities

Prospective students interested in academic planning are advised to contact Gerhard van Onselen at the ICP.

2. **Tutoring service:** The ICP offers a personal tutoring service to students who experience difficulty with the academic material, the study for exams and the answering of questions in exams and assignments. This service takes the form of personal one-on-one tutoring and tutoring via phone or e-mail.

3. **Study methods workshop:** The ICP presents a study methods workshop once every year for registered students, where the following topics are discussed:

- Study attitudes and habits
- Memory and recall
- The study methods: including mind maps
- Exam stress
- Relaxation
- Exam writing tips

4. **Web based services:** Registered students have access to a range of services through the ICP student web, including:

- Library services and resources, such as the EBSCO host electronic database.
- Academic discussion forums that provide additional contact with lecturers and fellow students.

5. **Student Council:** The ICP student council strives to act in the interest of the student body by endeavouring to support and encourage students, as well as to create a sense of unity amongst students. Student council offices include the president, student support, community services, public relations and social activities offices.

BA Degree (accredited)

Introduction

Students interested in the field of Psychology can major in Psychology with specialisation in Christian Psychology and their qualification will form a spiritual, academic and professional basis to practise in the mental health field as a Christian. The BA Degree in Psychology may lead to acceptance in Psychology postgraduate programmes (e.g. Honours in Psychology, Bachelor of Psychology).

Students who are not specifically interested in Psychology can major in Industrial Psychology and/or Communication and/or Sociology which will lead to a general BA Degree that will form a foundation to work in the business, political or communications arenas.

BA degree enrolment takes place once a year from November to January.

Exposition

FIRST YEAR
1 st main subject 1A (& 1C) & 1B (& 1D)
2 nd main subject 1A (& 1C) & 1B (& 1D)
2 nd year level subject 1A (& 1C) & 1B (& 1D)
English 1A & 1B (compulsory)
Biblical Studies 1A & 1B (compulsory)

SECOND YEAR
1 st main subject 2A (& 2C) & 2B (& 2D)
2 nd main subject 2A (& 2C) & 2B (& 2D)
2 nd year level subject 2A (& 2C) & 2B (& 2D)
Christian Ethics 2A & 2B (compulsory)

THIRD YEAR
1 st main subject 3A & 3B (& 3D)
2 nd main subject 3A & 3B (& 3D)
Research Psychology 3A & 3B (compulsory)

Choose two Main Subjects & one 2nd Year Level Subject from the following:

Psychology
Industrial Psychology
Sociology
Communication

Notes:

- *Main subject: Subject taken up to the third year*
- *2nd year level subject: Subject taken up to the second year*
- *C and D subject components are only applicable to the psychology subjects:*
 - *Psychology 1 is comprised of Psychology 1A, Christian Psychology 1C, Psychology 1B and Psychology 1D.*
 - *Psychology 2 is comprised of Psychology 2A, Christian Psychology 2C, Psychology 2B and Christian Psychology 2D.*
 - *Psychology 3 is comprised of Psychology 3A, Christian Psychology 3B and Psychology 3D*
- *Learners have to take all the A, B, C & D components to complete the psychology subjects*

Method of Tuition

Open-distance learning: Courses are presented by means of a system of tutorial classes, DVDs, study letters, study guides or manuals and prescribed books. Tutorial classes are optional except for one tutorial class period per annum that takes place in May. The primary language of instruction is English.

Assessment

1. **Assignments:** Typed assignments for the different subjects have to be completed and submitted on specified dates. Assignments completed in each semester will constitute the semester mark. To gain admission to the June and October/November exams the student will have to have a semester mark of at least 40%.
2. **Examinations:** An examination for each semester course will be written in June and October/November respectively. Students will write examinations at specified examination venues. To pass an examination the student will have to have acquired at least 50%. The final mark consists of both the semester and the examination mark. Both the examination mark and the final mark has to be 50% or higher to pass a semester course.

- 3. Practicum:** Practical assignments for Christian Psychology 2D and Psychology 3D must be completed and consist of the recordings of debriefing and counselling sessions, as well as written reports based on those sessions.

Duration and Difficulty

The BA degree cannot be completed in less than three years and must be completed within a maximum of five years. Prospective students must keep in mind that the degree is time intensive and requires an estimated minimum of twenty to twenty-five study hours per week throughout each semester.

Prerequisites for Admission

Matriculated in 2008 or later

1. A National Senior Certificate (NSC) with an **Admission Point Score of at least 24** (the sum of points achieved in best 6 NSC subjects, excluding Life Orientation).

Minimum requirements for specific subjects:

1. English: 4 (50 – 59%)
2. Mathematics or Mathematical Literacy: 3 (40 – 49%)
3. Life Orientation: 4 (50 – 59%)

- 2. Or** a valid certificate of conditional exemption from the South African Matriculation Board.

Matriculated prior to 2008

1. A South African Senior Certificate with exemption/endorsement.

Minimum requirements for specific subjects:

- 1.1. English
 - Higher Grade (or First Language): E
 - Standard Grade: D
- 1.2. Mathematics
 - Higher Grade: E
 - Standard Grade: D

- 2. Or** a valid certificate of conditional exemption from the South African Matriculation Board.

International students

1. Valid certificate of foreign conditional exemption from the South African Matriculation Board.

Conditional Acceptance may be considered in the following cases:

1. The applicant has a Senior Certificate/Equivalent without exemption and additionally successfully completed the ICP Caregivers Qualification in 2005 – 2008 or the Basic Christian Counselling Course during 2009 or later, with an overall average of at least 55%.
- 2. Or** the applicant is 45 years of age or older.

Submit certified copies of the following documents with your application form:

- South African senior certificate/National Senior Certificate.
- Certified copy of your school report/statement of results.
- If applicable submit relevant documentation from the matriculation board regarding your exemption status.

Tuition Fees 2010

1st Year Subjects

FIRST SEMESTER		SECOND SEMESTER	
Psychology 1A	R 1 900-00	Psychology 1B	R 1 900-00
Christian Psychology 1C	R 1 650-00	Psychology 1D	R 1 550-00
Industrial Psychology 1A	R 1 550-00	Industrial Psychology 1B	R 1 550-00
Communication 1A	R 1 550-00	Communication 1B	R 1 550-00
Sociology 1A	R 1 550-00	Sociology 1B	R 1 550-00
English 1A	R 1 550-00	English 1B	R 1 550-00
Biblical Studies 1A	R 1 550-00	Biblical Studies 1B	R 1 550-00

2nd Year Subjects

FIRST SEMESTER		SECOND SEMESTER	
Psychology 2A	R 2 450-00	Psychology 2B	R 1 850-00
Christian Psychology 2C	R 1 650-00	Christian Psychology 2D	R 1 850-00
Industrial Psychology 2A	R 2 400-00	Industrial Psychology 2B	R 2 400-00
Communication 2A	R 2 400-00	Communication 2B	R 2 400-00
Sociology 2A	R 2 400-00	Sociology 2B	R 2 400-00
Christian Ethics 2A	R 1 450-00	Christian Ethics 2B	R 1 450-00

3rd Year Subjects

FIRST SEMESTER		SECOND SEMESTER	
Psychology 3A	R 3 650-00	Christian Psychology 3B	R 1 850-00
		Psychology 3D	R 1 850-00
Industrial Psychology 3A	R 3 650-00	Industrial Psychology 3B	R 3 650-00
Communication 3A	R 3 650-00	Communication 3B	R 3 650-00
Sociology 3A	R 3 650-00	Sociology 3B	R 3 650-00
Research Psychology 3A	R 1 850-00	Research Psychology 3B	R 1 850-00

*He heals the brokenhearted and binds up their wounds
(curing their pains and their sorrows). Psalm 147:3*

Postgraduate Bridging Course in Christian Psychology

Introduction

This course is meant for Christian mental health professionals and counsellors (psychologists, psychometrists, psychological counsellors, pastors, ministers and social workers) interested in the integration of biblical faith and psychology. With the completion of this course students will understand the rationale for integration and the integration models. Students will be able, as Christian mental health professionals and counsellors, to provide mental health services and counselling from a biblically based systemic perspective. This perspective includes the intra-psychic functioning, interpersonal functioning and spiritual functioning of people (in process of accreditation).

Enrolment for this course takes place once a year from November to January.

Exposition

Christian Psychology 1C
Christian Psychology 2C & 2D
Christian Psychology 3B
Psychology 3D
Biblical Studies 1A & 1B

Method of Tuition

Open-distance learning: Courses are presented by means of a system of tutorial classes, DVDs, study letters, study guides or manuals and prescribed books. Tutorial classes are optional except for one tutorial class period per annum that takes place in May. The primary language of instruction is English.

Assessment

- 1. Assignments:** Typed assignments for the different subjects have to be completed and submitted on specified dates. Assignments completed in each semester will constitute the semester mark. To gain admission to the June and October/November exams the student will have to have a semester mark of at least 40%.
- 2. Examinations:** An examination for each semester course will be written in June and October/November respectively. Students will write examinations at specified examination venues. To pass an examination the student will have to have acquired at least 50%. The final mark consists of both the semester and the examination mark. Both the examination mark and the final mark has to be 50% or higher to pass a semester course.
- 3. Practicum:** Practical assignments for Christian Psychology 2D and Psychology 3D must be completed and consist of the recordings of debriefing and counselling sessions as well as written reports based on those sessions.

Duration and Difficulty

The Postgraduate Bridging Course in Christian Psychology cannot be completed in less than one year. The first semester requires approximately ten study hours a week and the second semester requires an estimated fifteen study hours a week.

Prerequisites for Admission

- At least a BA / B.Sc degree with Psychology as major from any accredited institution in South Africa (completed no more than 10 years ago).

Tuition Fees 2010

FIRST SEMESTER		SECOND SEMESTER	
Christian Psychology 1C	R 1 650-00	Christian Psychology 2D	R 1 850-00
Christian Psychology 2C	R 1 650-00	Christian Psychology 3B	R 1 850-00
Biblical Studies 1A	R 1 550-00	Psychology 3D	R 1 850-00
		Biblical Studies 1B	R 1 550-00

Bachelor of Psychology (accredited)

Introduction

The Bachelor of Psychology is a professional degree (SAQA NQF Level 7, level 8 on the HEQF) that may lead to registration as a registered counsellor upon successful completion. This is a four year degree where the first 3 years correspond to the BA degree already described with Psychology as a main subject. This degree is meant for students who are interested in furthering their counselling skills. The B Psych fourth year includes thorough theoretical training in child and adult psychopathology, community psychology, trauma counselling, psychological assessment, pastoral counselling and counselling. It also includes practical training in research skills and counselling techniques. This qualification focuses on general counselling, pastoral counselling, trauma counselling and community psychology.

B Psych fourth year selection takes place in September/October each year and registration takes place in January of the study year. Due to the selection process during the third year as described, we recommend that undergraduates wishing to do the B Psych degree first complete the BA degree of the ICP. There are a limited number of places available in this programme each year and selected students who do not register, cancel or fail two or more subjects must reapply should they wish to continue in the following study year.

Exposition – Fourth Year

FIRST SEMESTER	SECOND SEMESTER
Counselling A	Counselling B
Psychopathology A	Psychopathology B
Psychological Assessment A	Psychological Assessment B
Community Psychology A	Community Psychology B
Research Project A	Research Project B
Pastoral Counselling A	Practice Management B
Trauma Counselling A	Practicum B
INTERNSHIP (six-months)	

Method of Tuition

Contact education: Courses are presented by means of contact sessions (eight block contact sessions), study notes and prescribed books. Contact sessions are compulsory and the primary language of instruction is English.

Assessment

- 1. Assignments:** Typed assignments for the different subjects have to be completed and submitted on specified dates. Assignments completed in each semester will constitute the semester mark. To gain admission to the June and October/November exams the student will have to have a semester mark of at least 40%.
- 2. Examinations:** An examination for each semester course will be written in June and October/November respectively. Students will write examinations at specified examination venues. To pass an examination the student will have to have acquired at least 50%. The final mark consists of both the semester and the examination mark. Both the examination mark and the final mark has to be 50% or higher to pass a semester course.
- 3. Practical Work:** Research skills will be assessed by means of a research project that must be proposed and implemented. Counselling skills will be assessed through the recording of counselling sessions and feedback given in supervision sessions. An additional six-month, full-time or twelve month part-time internship must also be completed at approved institutions and under professional supervision.

Duration and Difficulty

The Bachelor of Psychology fourth year cannot be completed in less than twelve months and must be completed within a maximum of three years. Prospective students must keep in mind that the qualification is time intensive and requires an estimated minimum of twenty-five study hours per week throughout each semester, as well as many hours of practical work.

Prerequisites for Application

- Similar to prerequisites for admission to a BA degree.
- ICP BA degree in Psychology/ Christian Psychology with a minimum average of 60% in the major Psychology/ Christian Psychology (completed no more than 10 years ago) **or**
- BA degree in Psychology (from any accredited institution in South Africa, completed no more than 10 years ago) + The completion of the Postgraduate Bridging Course in Christian Psychology with a minimum average of 60% (from the ICP)

Selection process

Applicants will be interviewed face-to-face by a panel of psychologists, after which a group of students will be selected for the fourth year. Note: there are a limited number of places available in the programme.

Tuition Fees 2010

FIRST SEMESTER		SECOND SEMESTER	
Counselling A	R 1 650-00	Counselling B	R 1 650-00
Psychopathology A	R 1 650-00	Psychopathology B	R 1 650-00
Psychological Assessment A	R 1 650-00	Psychological Assessment B	R 1 650-00
Community Psychology A	R 1 650-00	Community Psychology B	R 1 650-00
Research Project A	R 2 100-00	Research Project B	R 2 100-00
Pastoral Counselling A	R 1 350-00	Practice Management B	R 1 350-00
Trauma Counselling A	R 1 350-00	Practicum B	R 1 350-00

*Be not wise in your own eyes;
reverently fear and worship the Lord and turn away from evil.
It shall be health to your nerves and sinews,
and marrow and moistening to your bones. Proverbs 3:7-8.*

Basic Christian Counselling Course

Introduction

The Basic Christian Counselling Course (previously known as the Caregivers Qualification) is meant for Christians interested or involved in church related counselling and equips students to understand and apply Christian counselling techniques. The counselling techniques covered in the course pertain to self-awareness, anger, anxiety, depression, marriage and family relationships, crisis and trauma situations and adolescents (*in process of accreditation*).

Exposition

FIRST SEMESTER	SECOND SEMESTER
Christian Counselling A	Christian Counselling B
Marriage Counselling A	Counselling the Adolescent B
Crisis and Trauma Counselling A	Crisis and Trauma Counselling B
Biblical Studies A	Biblical Studies B

Method of Tuition

Open-distance learning: Courses are presented by means of a system of tutorial classes, study letters, study guides or manuals and prescribed books. Tutorial classes are optional except for one tutorial class period per annum that takes place in May. The primary language of instruction is English. Students may enrol for this course in either January or May/June (conditions apply for May/June enrolments).

Assessment

- Assignments:** Typed assignments for the different subjects have to be completed and submitted on specified dates. Assignments completed in each semester will constitute the semester mark. To gain admission to the June and October/November exams the student will have to have a semester mark of at least 40%.
- Examinations:** An examination for each semester course will be written in June and October/November respectively. Students will write examinations at specified examination venues. To pass an examination the student will have to have acquired at least 50%. The final mark consists of both the semester and the examination mark. Both the examination mark and the final mark has to be 50% or higher to pass a semester course.

Duration and Difficulty

The Basic Christian Counselling Course cannot be completed in less than one year and must be completed within a maximum of three years. This course requires an estimated twelve study hours a week for each semester.

Prerequisites for Admission

- Anyone may apply for this course.

Exemption Information

Students, who have completed the Basic Christian Counselling Course, will be granted the following credits upon continuance with a BA degree at the ICP:

- Christian Psychology 2D
- Biblical Studies 1A & 1B

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FIRST SEMESTER		SECOND SEMESTER	
Christian Counselling A	R 950-00	Christian Counselling B	R 950-00
Marriage Counselling A	R 950-00	Counselling the Adolescent B	R 950-00
Crisis & Trauma Counselling A	R 950-00	Crisis & Trauma Counselling B	R 950-00
Biblical Studies A	R 1 550-00	Biblical Studies B	R 1 550-00

Advanced Counselling Course (ACC)

Introduction

This course is meant for people interested or involved in counselling. With the completion of this course students will be able to evaluate counselling models from a biblical perspective, exhibit an awareness of human complexity from a cognitive and systems perspective and apply basic counselling interventions. These interventions are aimed at debriefing trauma situations, the strengthening of relationships and the enhancement of community and spiritual well-being (*in process of accreditation*).

Exposition

FIRST SEMESTER	SECOND SEMESTER
Counselling Techniques A	Personality Theory B
Developmental Theory A	Family Counselling B
HIV/AIDS Counselling A	DID Counselling B
Christian Ethics A	Christian Ethics B

Method of Tuition

Open-distance learning: Courses are presented by means of a system of tutorial classes, study letters, study guides or manuals and prescribed books. Tutorial classes are optional except for one tutorial class period per annum that takes place in May. The primary language of instruction is English. Students may enrol for this course in either January or May/June (conditions apply for May/June enrolments).

Assessment

- Assignments:** Typed assignments for the different subjects have to be completed and submitted on specified dates. Assignments completed in each semester will constitute the semester mark. To gain admission to the June and October/November exams the student will have to have a semester mark of at least 40%.
- Examinations:** An examination for each semester course will be written in June and October/November respectively. Students will write examinations at specified examination venues. To pass an examination the student will have to have acquired at least 50%. The final mark consists of both the semester and the examination mark. Both the examination mark and the final mark has to be 50% or higher to pass a semester course.

Duration and Difficulty

The Advanced Counselling Course cannot be completed in less than one year and must be completed within a maximum of three years. This course requires approximately fifteen study hours a week for each semester.

Prerequisites for Admission

- The Basic Christian Counselling Course obtained from the ICP **or**
- Recognition of prior learning in the Christian Counselling field (ICP will evaluate certificates/diplomas to determine admission, complete academic credit application form).

Exemption Information

Students who have completed the ACC, will be granted the following credits upon continuance with a BA degree at the ICP: Christian Ethics 2A & 2B; Psychology 1D & 3D

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FIRST SEMESTER		SECOND SEMESTER	
Counselling Techniques A	R 1 850-00	Personality Theory B	R 1 200-00
Developmental Theory A	R 1 550-00	Family Counselling B	R 1 200-00
HIV/AIDS Counselling A	R 1 200-00	DID Counselling B	R 1 200-00
Christian Ethics A	R 1 450-00	Christian Ethics B	R 1 450-00

This course will be presented if student numbers permit

SUBJECTS AND SYLLABI

BA DEGREE FIRST YEAR

I. PSYCHOLOGY 1A

1. History of Psychology
 - 1.1. Early Greek Influences and Hellenistic Philosophy
 - 1.2. Empiricism, Sensationalism and Positivism
 - 1.3. Rationalism
 - 1.4. Romanticism and Existentialism
 - 1.5. Postmodernism
 - 1.6. Voluntarism, Structuralism and Functionalism
 - 1.7. Behaviourism, Psychoanalysis, Gestalt Psychology and Humanism
 - 1.8. Contemporary Trends in Psychology
2. Introduction to Research Methodology in Psychology

Contact Sessions: Two

Examination: June

II. CHRISTIAN PSYCHOLOGY 1C

1. Introduction to Christian Psychology
 - 1.1. Introduction to Psychology and Theology
 - 1.2. Christian Belief System: Dimensions and Implications
 - 1.3. The Role of the Church and the Psychologist in the Community

Contact Sessions: Two

Examination: June

III. PSYCHOLOGY 1B

1. Contextual Psychology
 - 1.1. Biological Context
 - 1.2. Intrapyschic Context
 - 1.3. Interpersonal Context
 - 1.4. Social Context
 - 1.5. Spiritual Context

Contact Sessions: Two

Examination: October/November

Prerequisites: Christian Psychology/Psychology 1A & 1C

IV. PSYCHOLOGY 1D

1. Developmental Psychology
 - 1.1. Theoretical Perspectives
 - 1.2. Biological Influences
 - 1.3. Environmental Influences
 - 1.4. Physical Development
 - 1.5. Theories of Cognitive Development
 - 1.6. Intelligence
 - 1.7. Emotional Development
 - 1.8. Temperament and Self-concept
 - 1.9. Moral Development
 - 1.10. Theories of Adult Development
 - 1.11. The Roles and Identities of Adulthood

Contact Sessions: Two

Examination: October/November

Prerequisites: Christian Psychology/Psychology 1A & 1C

V. INDUSTRIAL PSYCHOLOGY 1A

1. Introduction to Industrial Psychology
2. The Individual in the Organisation
3. Organisational Processes and Dynamics
4. Groups in Organisations
5. Faith Praxis Integration in Industrial Psychology

Contact Sessions: Two

Examination: June

VI. INDUSTRIAL PSYCHOLOGY 1B

1. Leadership in Organizations
2. The HR Department in the Organization
3. Introduction to Ergonomics

Contact Sessions: Two

Examination: October/November

Prerequisite: Industrial Psychology 1A

VII. COMMUNICATION 1A

1. Introduction to Human Communication
2. Verbal Communication
3. Non-Verbal Communication

Contact Sessions: Two

Examination: June

VIII. COMMUNICATION 1B

1. Intrapersonal Communication
2. Interpersonal Communication
3. Small Group Communication
4. Organisational Communication

Contact Sessions: Two

Examination: October/November

Prerequisite: Communication 1A

IX. SOCIOLOGY 1A

1. Introduction to Sociology
2. Social Influences: Culture and Society
3. Social Influences: Socialization
4. Social Inequality: Gender Stratification
5. Christian Perspective on Sociology

Contact Sessions: Two

Examination: June

X. SOCIOLOGY 1B

1. Social Inequality: Structures of Power
2. Social Structures: Kinship, Marriage and Family
3. Social Institutions: Education
4. A Christian Perspective on Sociology
5. A Changing World: A Changing City

Contact Sessions: Two

Examination: October/November

Prerequisite: Sociology 1A

XI. ENGLISH 1A

1. The English Language
2. Reading Skills
3. Academic Writing Skills
4. Business Writing Skills

Contact Sessions: Two

Examination: June

XII. ENGLISH 1B

1. Introduction to Film Analysis
2. Introduction to Literature: Novels, Plays and Poetry

Contact Sessions: Two

Examination: October/November

Prerequisite: English 1A

XIII. BIBLICAL STUDIES 1A

1. The Authority of the Bible
2. The New Testament

Contact Sessions: Two

Examination: June

XIV. BIBLICAL STUDIES 1B

1. Exegesis (Bible Interpretation)

Contact Sessions: Two

Examination: October/November

Prerequisite: Biblical Studies 1A

BA DEGREE SECOND YEAR

I. PSYCHOLOGY 2A

1. Personality Psychology
 - 1.1. Basic Concepts
 - 1.2. Personality Theories
 - 1.2.1. Trait Theories
 - 1.2.2. Psychoanalytical and Neo-Psychoanalytical Theories
 - 1.2.3. Cognitive Behavioural Theories
 - 1.2.4. Humanistic and Existential Theories
 - 1.2.5. Postmodern Approaches

Contact Sessions: Two

Examination: June

Prerequisites: Christian Psychology/Psychology 1A; 1C; 1B & 1D

II. CHRISTIAN PSYCHOLOGY 2C

1. Personality Psychology
 - 1.1. A Biblically based Evaluation of the Personality Theories and Therapies
 - 1.2. The Construction of a Biblically Based Personality Theory

Contact Sessions: Two

Examination: June

Prerequisites: Christian Psychology/Psychology 1A; 1B; 1C & 1D

III. PSYCHOLOGY 2B

1. Social Psychology
 - 1.1. The Field of Social Psychology
 - 1.2. Social Cognition
 - 1.3. Social Perception
 - 1.4. Attitudes
 - 1.5. Aspects of Social Identity
 - 1.6. Prejudice
 - 1.7. Interpersonal Attraction
 - 1.8. Close Relationships
 - 1.9. Social Influence
 - 1.10. Prosocial Behaviour
 - 1.11. Aggression
 - 1.12. Groups and Individuals

Contact Sessions: Two

Examination: October/November

Prerequisites: Christian Psychology/Psychology 1A; 1C; 1B; 1D; 2A & 2C

IV. CHRISTIAN PSYCHOLOGY 2D

1. Traumatology
 - 1.1. Definition and Descriptions
 - 1.2. The Effects of Trauma
 - 1.3. Types of Trauma
 - 1.4. Post-Traumatic Responses
2. Assessment, Treatment and Interventions
 - 2.1. Assessment
 - 2.2. Treatment
 - 2.3. A Biblically Based Approach to Counselling/Therapy
 - 2.4. Crisis Intervention

Contact Sessions: Two

Examination: October/November

Prerequisites: Christian Psychology/Psychology 1A; 1B; 1C; 1D; 2A & 2C

V. INDUSTRIAL PSYCHOLOGY 2A

1. Recruiting and Selecting Potential Employees
2. Training and Development
3. Labour Relations in South Africa

Contact Sessions: Two

Examination: June

Prerequisites: Industrial Psychology 1A & 1B

VI. INDUSTRIAL PSYCHOLOGY 2B

1. Remunerating Employees
2. Christian Industrial Psychology
3. A Christian HRM Model

Contact Sessions: Two

Examination: October/November

Prerequisites: Industrial Psychology 1A; 1B & 2A

VII. COMMUNICATION 2A

1. Mass Communication
2. Persuasive Communication
3. Public Speaking
4. Health Communication

Contact Sessions: Two

Examination: June

Prerequisites: Communication 1A & 1B

VIII. COMMUNICATION 2B

1. Intercultural Communication
2. Communication Planning and Managing
3. Public Relations

Contact Sessions: Two

Examination: October/November.

Prerequisites: Communication 1A; 1B & 2A

IX. SOCIOLOGY 2A

1. Sociology and Health
2. Crime and Deviance

Contact Sessions: Two

Examination: June

Prerequisites: Sociology 1A & 1B

X. SOCIOLOGY 2B

1. Sociology and Religion
2. Mass Media and Society
3. Race and Ethnicity

Contact Sessions: Two

Examination: October/November

Prerequisites: Sociology 1A; 1B & 2A

XI. CHRISTIAN ETHICS 2A

1. Introduction to Christian Ethics
2. Abortion
3. Euthanasia
4. Capital Punishment

Contact Sessions: Two

Examination: June

XII. CHRISTIAN ETHICS 2B

1. Animal Rights
2. Homosexuality
3. Biomedical Issues
4. War

Contact Sessions: Two

Examination: October/November

Prerequisite: Christian Ethics 2A

BA DEGREE THIRD YEAR

I. PSYCHOLOGY 3A

1. Psychopathology
 - 1.1. Introduction to Psychopathology
 - 1.2. Classification & Diagnosis
 - 1.3. Anxiety Disorders
 - 1.4. Eating Disorders
 - 1.5. Mood Disorders
 - 1.6. Schizophrenia
 - 1.7. Substance-Related Disorders
 - 1.8. Personality Disorders
 - 1.9. Physical Disorders

Contact Sessions: Two

Examination: June

Prerequisites: Christian Psychology/Psychology 1A; 1B; 1C; 1D; 2A; 2B; 2C & 2D

II. CHRISTIAN PSYCHOLOGY 3B

1. Integration of Psychology and the Christian Faith
 - 1.1. Definition of Integration
 - 1.2. History of the Integration Movement
2. Integration Models
3. Christian Psychology as a Godly Calling

Contact Sessions: Two

Examination: October/November

Prerequisites: Christian Psychology/Psychology 1A; 1B; 1C; 1D; 2A; 2B; 2C; 2D & 3A

III. PSYCHOLOGY 3D

1. Counselling Techniques
 - 1.1. Introduction to helping
 - 1.2. Values and the Helping Professions
 - 1.3. The helping model (Egan's problem-management and opportunity-development model)
 - 1.4. Active listening
 - 1.5. Basic and advanced empathy
 - 1.6. Various issues in helping such as Reluctance, Resistance, Immediacy and Self-disclosure
 - 1.7. Goal setting, action planning and implementing change

Contact Sessions: Two

Examination: October/November

Prerequisites: Christian Psychology/Psychology 1A; 1B; 1C; 1D; 2A; 2B; 2C; 2D & 3A

IV. INDUSTRIAL PSYCHOLOGY 3A

1. Affirmative Action
2. Career Management
3. A Practical Approach to Career Management

Contact Sessions: Two

Examination: June

Prerequisites: Industrial Psychology 1A; 1B; 2A & 2B

V. INDUSTRIAL PSYCHOLOGY 3B

1. Integration of Industrial Psychology with the Christian Belief System
2. Group Dynamics in the Workplace

Contact Sessions: Two

Examination: October/November

Prerequisites: Industrial Psychology 1A; 1B; 2A; 2B & 3A

VI. SOCIOLOGY 3A

1. Development Studies
2. Community Development

Contact Sessions: Two

Examination: June

Prerequisites: Sociology 1A; 1B; 2A & 2B

VII. SOCIOLOGY 3B

1. The Sociological Study of Work and Society
2. Groups in Society

Contact Sessions: Two

Examination: October/November

Prerequisites: Sociology 1A; 1B; 2A; 2B & 3A

VIII. COMMUNICATION 3A

1. Mass Media Theory
2. Media and Culture

Contact Sessions: Two

Examination: June

Prerequisites: Communication 1A; 1B; 2A & 2B

IX. COMMUNICATION 3B

1. Media and the Production of Meaning
2. Text Analysis
3. Events Management and Public Relations

Contact Sessions: Two

Examination: October/November

Prerequisites: Communication 1A; 1B; 2A; 2B & 3A

X. RESEARCH PSYCHOLOGY 3A

1. Statistical Methods
 - 1.1. Introduction to Statistical Methods
 - 1.2. Variability, Distribution, Probability and Hypotheses
 - 1.3. Correlation, Regression and Chi-Square

Contact Sessions: Two

Examination: June

Prerequisites: One main subject 1 & 2

XI. RESEARCH PSYCHOLOGY 3B

1. Writing and evaluation of research proposals

Contact Sessions: Two

Examination: October/November

Prerequisite: Research Psychology 3A

**Contact sessions will be presented if student numbers permit.*

POSTGRADUATE BRIDGING COURSE IN CHRISTIAN PSYCHOLOGY

I. CHRISTIAN PSYCHOLOGY 1C

1. Introduction to Christian Psychology
 - 1.1. Introduction to Psychology & Theology
 - 1.2. Christian Belief System: Dimensions and Implications
 - 1.3. The Role of the Church and the Psychologist in the Community

Contact Sessions: Two
Examination: June

II. CHRISTIAN PSYCHOLOGY 2C

1. Personality Psychology
 - 1.1. A Biblically Based Evaluation of Personality Theories and Therapies
 - 1.2. The Construction of a Biblically Based Personality Theory

Contact Sessions: Two
Examination: June

III. CHRISTIAN PSYCHOLOGY 2D

1. Traumatology
 - 1.1. Definition and Descriptions
 - 1.2. The Effects of Trauma
 - 1.3. Types of Trauma
 - 1.4. Post-Traumatic Responses
2. Assessment, Treatment and Interventions
 - 2.1. Assessment
 - 2.2. Treatment
 - 2.3. A Biblically Based Approach to Counselling/Therapy
 - 2.4. Crisis Intervention

Contact Sessions: Two
Examination: October/November
Prerequisites: Christian Psychology 1C & 2C

IV. CHRISTIAN PSYCHOLOGY 3B

1. Integration of Psychology and Christian Faith
 - 1.1. Definition of Integration
 - 1.2. History of the Integration Movement
2. Integration Models
3. Christian Psychology as a Godly Calling

Contact Sessions: Two
Examination: October/November
Prerequisites: Christian Psychology 1C & 2C

V. PSYCHOLOGY 3D

1. Counselling Techniques
 - 1.1. Introduction to helping
 - 1.2. Values and the helping professions
 - 1.3. The helping model (Egan's problem-management and opportunity-development model)
 - 1.4. Active listening
 - 1.5. Basic and advanced empathy
 - 1.6. Various issues in helping such as Reluctance, Resistance, Immediacy and Self-disclosure
 - 1.7. Goal setting, action planning and implementing change

Contact Sessions: Two
Examination: October/November
Prerequisites: Christian Psychology 1C & 2C

VI. BIBLICAL STUDIES 1A

1. The Authority of the Bible
2. The New Testament

Contact Sessions: Two
Examination: June

VII. BIBLICAL STUDIES 1B

1. Exegesis (Bible Interpretation)

Contact Sessions: Two
Examination: October/November
Prerequisite: Biblical Studies 1A

**Contact sessions will be presented if student numbers permit.*

BACHELOR OF PSYCHOLOGY DEGREE

I. COUNSELLING A

1. Types of Counselling
2. Modernity and the Southern African Context
3. Theoretical Perspectives in Counselling
4. Life-Skills Workshops
5. Psychological Strengths and Weaknesses
6. Counselling and Culture
7. Mental Health Systems in South Africa
8. The Role and the Characteristics of the Professional Counsellor

Contact Sessions: Eight

Examination: June

II. COUNSELLING B

1. Counselling Children
2. Reality Therapy
3. Play Therapy
4. Transactional Analysis
5. Family Therapy
6. Biblically Based Evaluation of Systems Theory

Contact Sessions: Four

Examination: October/November

Prerequisite: Counselling A

III. PSYCHOPATHOLOGY A

1. Behaviour Disorders in Childhood
 - 1.1. Introduction to Behaviour Disorders in Childhood
 - 1.2. Influences and Risks in the Developmental Process
 - 1.3. Anxiety Disorders
 - 1.4. Mood Disorders
 - 1.5. Conduct Disorder and Attention-Deficit Hyperactivity Disorder
 - 1.6. Language and Learning Disorders
 - 1.7. Mental Retardation and Autism
 - 1.8. Schizophrenia and Disorders of Basic Physical Functions

Contact Sessions: Four

Examination: June

IV. PSYCHOPATHOLOGY B

1. Adult Psychopathology
 - 1.1. Abnormal Behaviour in Historical Context
 - 1.2. An Integrative Approach to Psychopathology
 - 1.3. Clinical Assessment and Diagnosis
 - 1.4. Anxiety Disorders
 - 1.5. Somatoform and Dissociative Disorders
 - 1.6. Mood Disorders and Suicide
 - 1.7. Eating and Sleep Disorders
 - 1.8. Physical Disorders and Health Psychology
 - 1.9. Sexual and Gender Identity Disorders
 - 1.10. Substance Related and Impulse-Control Disorders
 - 1.11. Personality Disorders
 - 1.12. Schizophrenia and Other Psychotic Disorders
 - 1.13. Cognitive Disorders

Contact Sessions: Four

Examination: October/November

Prerequisite: Psychopathology A

V. PSYCHOLOGICAL ASSESSMENT A

1. Introduction to Psychological Assessment
2. Personality Assessment
3. Intelligence Testing

Contact Sessions: Four

Examination: June

VI. PSYCHOLOGICAL ASSESSMENT B

1. Aptitude and Interest Questionnaires
2. Test Bias and Test Fairness
3. Neuropsychology and Assessment of Brain Function
4. Report Writing
5. Assessment of Moral, Spiritual and Relational Functioning

Contact Sessions: Four

Examination: October/November

Prerequisite: Psychological Assessment A

VII. COMMUNITY PSYCHOLOGY A

1. Community Psychology – Context, Analysis, and Praxis
2. A Christian Social Activist Approach
3. History, Values, and Major Theories
4. Contextual Issues – Poverty and Vulnerable Communities
5. Participatory Action Research
6. Learning and Working from Within a Community
7. Programme Evaluation
8. Epistemological and Methodological Issues
9. Ethics and Community Psychology
10. Community Project Literature Search and Orientation

Contact Sessions: Four

Examination: June

VIII. COMMUNITY PSYCHOLOGY B

1. HIV/AIDS Prevention and Empowerment
2. HIV/AIDS Care and Counselling
3. Development Programmes with Orphans and Vulnerable Children
4. Appreciative Enquiry into HIV/AIDS Community Resources
5. Participatory Monitoring and Evaluation
6. Legal, Ethical, and Policy Issues
7. Community Project Implementation
8. Community Project Report Writing

Contact Sessions: Four

Examination: October/ November

Prerequisite: Community Psychology A

IX. RESEARCH PROJECT A

1. Steps of the Research Process
2. Dimensions of Research
3. Literature Review
4. Quantitative Research
5. Qualitative Research
6. Reliability and Validity
7. Ethical Considerations
8. Research Proposal

Contact Sessions: Four

Examination: June

X. RESEARCH PROJECT B

1. Implementation of Research Proposal
2. Research Report

Contact Sessions: Four

Examination: October/November

Prerequisite: Research Project A

XI. PASTORAL COUNSELLING A

1. The Context of Pastoral Counselling
2. The Uniqueness of Pastoral Counselling
3. The Strategic Pastoral Counselling Model
4. The Stages and Tasks of Pastoral Counselling

Contact Sessions: Six

Examination: June

XII. PRACTICE MANAGEMENT B

1. Professional Conduct
2. Legal Requirements and Other Registrations
3. Premises and Equipment
4. Professional Stationary
5. Writing and Copying Reports
6. Index Systems and Filing
7. Referral Networks and Databases
8. Appointments and Messages
9. Medical Funds
10. Advertisements
11. The Practice as a Business

Contact Sessions: Four

Examination: October/November

XIII. TRAUMA COUNSELLING A

1. Introduction to Trauma Counselling
2. Divorce
3. Suicidality
4. Bereavement
5. Sexual Abuse
6. Cult Related Abuse
7. Dissociative Identity Disorder

Contact Sessions: Six

Examination: June

XIV. PRACTICUM B

1. The Biblically Based Systemic Approach
2. Therapeutic Techniques

Contact Sessions: Four

Examination: October/November

Prerequisites: Counselling A; Psychological Assessment A & Pastoral Counselling A and/or Trauma Counselling A

Contact sessions are **compulsory for all Bachelor of Psychology (B Psych) students.*

BASIC CHRISTIAN COUNSELLING COURSE

I. CHRISTIAN COUNSELLING A

1. Overview of Christian Counselling
2. Introductory Issues
 - 2.1 Changes in Counselling
 - 2.2 The Counsellor and Counselling
 - 2.3 The Church and Counselling
 - 2.4 The Community and Counselling
 - 2.5 The Core of Counselling
 - 2.6 Legal, Ethical, and Moral Issues
 - 2.7 Multicultural Issues in Counselling
3. Prominent Issues
 - 3.1 Depression
 - 3.2 Anxiety
 - 3.3 Anger
 - 3.4 Guilt and Forgiveness
 - 3.5 Loneliness

Contact Session: One

Examination: June

II. MARRIAGE COUNSELLING A

1. The marriage covenant
2. Principles and development of a marriage
3. Family History, Communication & Conflict
4. Finances
5. The role of the community
6. The sexual relationship
7. Celebrations & Gifts
8. The role of the community
9. Spirituality & marriage
10. Divorce & remarriage
11. The marriage counselling process

Contact Session: One

Examination: June

III. CRISIS AND TRAUMA COUNSELLING A

1. Traumatology
 - 1.1. Definition and Descriptions
 - 1.2. The Effects of Trauma
 - 1.3. Types of Trauma
 - 1.4. Post-Traumatic Responses

Contact Session: One

Examination: June

IV. BIBLICAL STUDIES A

1. The Authority of the Bible
2. The New Testament

Contact Session: One

Examination: June

V. CHRISTIAN COUNSELLING B

1. Self-Awareness
2. Interpersonal and Identity Issues
 - 2.1 Homosexuality
 - 2.2 Inferiority and self-esteem
 - 2.3 Physical illness
 - 2.4 Singleness
3. Control Issues
 - 3.1 Mental disorders
 - 3.2 Alcohol related disorders
 - 3.3 Addictions
 - 3.4 Financial counselling
 - 3.5 Vocational counselling

Contact Session: One

Examination: October/November

Prerequisite: Christian Counselling A

VI. COUNSELLING THE ADOLESCENT B

1. Theoretical Concepts of Adolescents and Counselling
2. Challenges when Counselling the Adolescent
3. Sex and drugs
4. The counselling process
5. Mediation & Contracting
6. Problem solving and time management
7. Identity
8. Forgiveness
9. Avoiding Counsellor Burnout

Contact Session: One

Examination: October/November

VII. CRISIS AND TRAUMA COUNSELLING B

1. Assessment, Treatment and Interventions
 - 1.1. Assessment
 - 1.2. Treatment
 - 1.3. A Biblically Based Approach to Counselling/Therapy
 - 1.4. Crisis Intervention

Contact Session: One

Examination: October/November

Prerequisite: Crisis and Trauma Counselling A

VIII. BIBLICAL STUDIES B

1. Exegesis (Bible Interpretation)

Contact Session: One

Examination: October/November

Prerequisite: Biblical Studies A

**Contact sessions will be presented if student numbers permit.*

ADVANCED COUNSELLING COURSE

I. COUNSELLING TECHNIQUES A

1. Counselling Techniques
 - 1.1. Introduction to helping
 - 1.2. Values and the Helping Professions
 - 1.3. The helping model (Egan's problem-management and opportunity-development model)
 - 1.4. Active listening
 - 1.5. Basic and advanced empathy
 - 1.6. Various issues in helping such as Reluctance, Resistance, Immediacy and Self-disclosure
 - 1.7. Goal setting, action planning and implementing change

Contact Session: One

Examination: June

II. DEVELOPMENTAL THEORY A

1. Developmental Psychology
 - 1.1. Theoretical Perspectives
 - 1.2. Biological Influences
 - 1.3. Environmental Influences
 - 1.4. Physical Development
 - 1.5. Theories of Cognitive Development
 - 1.6. Intelligence
 - 1.7. Emotional Development
 - 1.8. Temperament and Self-concept
 - 1.9. Moral Development
 - 1.10. Theories of Adult Development
 - 1.11. The Roles and Identities of Adulthood

Contact Session: One

Examination: June

III. HIV/AIDS COUNSELLING A

1. Facts about HIV/AIDS
2. Prevention and empowerment
3. HIV/AIDS counselling
4. Care and support
5. Legal, ethical and policy issues
6. A biblically based systemic perspective

Contact Session: One

Examination: June

IV. CHRISTIAN ETHICS A

1. Introduction to Christian Ethics
2. Abortion
3. Euthanasia
4. Capital Punishment

Contact Session: One

Examination: June

V. PERSONALITY THEORY B

1. Personality Psychology
 - 1.1. Basic Concepts
 - 1.2. Personality Theories
 - 1.2.1. Psychoanalytical and Neo-Psychoanalytical Theories
 - 1.2.2. Cognitive Behavioural Theories
 - 1.2.3. Humanistic and Existential Theories
 - 1.2.4. A Biblically Based Evaluation of Personality Theories and Therapies

Contact Session: One

Examination: October/November

VI. FAMILY COUNSELLING B

1. Basic concepts of general systems theory
2. The Family Systems Model of Bowen
3. The Communication Model of Satir
4. The Structural Family Therapy Model of Minuchin
5. A Biblically based evaluation of family therapy models
6. A Biblically based systemic approach to counselling

Contact Session: One

Examination: October/November

VII. DID COUNSELLING B

1. What is dissociation?
2. The core symptoms of dissociation
3. Dissociative Identity Disorder
4. Terminology
5. Etiology
6. Guidelines for counselling
7. A Biblically based systemic perspective

Contact Session: One

Examination: October/November

VIII. CHRISTIAN ETHICS B

1. Animal Rights
2. Homosexuality
3. Biomedical Issues
4. War

Contact Session: One

Examination: October/November

Prerequisite: Christian Ethics A

**Contact sessions will be presented if student numbers permit.*